

Loudoun County Area Agency on Aging Services

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Information and Referral: Aging Services Specialists provide information, referrals and assistance regarding county-wide programs and services for older adults in Loudoun County. **Case Management Services**: Helps to coordinate resources and services and assist older adults to maintain independent living.

Virginia Insurance Counseling & Assistance Program (VICAP): Confidential counseling provided to people who are or will receive Medicare and other long-term care insurance programs.

Volunteer Income Tax Assistance (VITA): Tax preparation service for people with limited incomes.

Senior Centers: Social, wellness, fitness, educational activities and special event are offered at countywide Senior Centers. Reservations for lunch and transportation are required one day in advance. (Transportation services are limited)

Senior Trips: Day and night trips to exciting destinations are offered and promote fun and friendship.

Volunteer Program: Matches individual skills and interests with volunteer opportunities in the Area Agency on Aging and other countywide projects.

Health & Wellness Outreach: Speakers and publications are available to address a variety of topics on health issues and available services and benefits to seniors and their families.

Home Delivered Meals: Weekday lunches are delivered by volunteers to homebound older adults.

The Adult Day Center: Licensed adult day centers provide a supportive social setting and therapeutic activities for participants with memory loss or physical limitations. Limited transportation is available. One center is in Leesburg; the other in Purcellville.

Long Term Care Ombudsman: The Ombudsman Program assists the consumer in making an informed decision about long-term care providers and advocates for persons receiving long-term care services.

The Area Agency on Aging is a Division of the Loudoun County Department of Parks, Recreation & Community Services. Please use the on-line resource: www.eldercare.gov for additional information and programs and services for seniors.